

## **Smokey Bones Restaurant**

(near Galleria Mall and opening soon on maple rd in Amherst)

This information was updated on May, 2005 per customer representative.

Smokey Bones has devised this list of menu items for our guests with gluten sensitivities. The items have been reviewed by an independent registered dietitian and determined generally to be suitable for consumption by the Gluten Intolerant, based upon the 2000 American Dietetic Association guidelines and menu samples provided by Smokey Bones.

While Smokey Bones has made an effort to provide complete and current gluten content information, changes in recipes, and the handcrafted nature of our menu items mean that variations in the ingredient profile of a particular menu item may occur from time to time. Therefore, we make no guarantees regarding the gluten content of any of these items.

**Appetizer:** (NOTE) **Be sure to ask if location uses dedicated fryers for the Potato Slabs appetizer or french fries. If not they are UNSAFE for the gluten free diet due to cross-contamination.**

Bacon and Cheese Potato Slabs (see above note)

### **Fish and Chicken (order with Recommended Sides\* only):**

Sierra Chicken without flatbread

Grilled Atlantic Salmon without flatbread

### **Salads:**

House Green Salad without croutons, with either white balsamic dressing or peppercorn ranch dressing

Grilled Chicken Cobb with either white balsamic dressing or peppercorn ranch dressing

### **All Barbeque and Grill Favorites without garlic toast (order with recommended sides\* only)**

#### **\*Recommended Sides:**

Creamy Cole Slaw

French Fries

Fresh Steamed Broccoli

Cinnamon Apples

Green Beans

Fresh Steamed Asparagus (in season)

Fresh Corn on the Cob (in season)

Both our Original and Mustard Barbeque Sauces

**\*This list is for convenience only\***

**Gluten Free In WNY is not responsible for food products served or eaten.**

**\*Always let your server know that your food must be prepared gluten-free\***

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